

*spelled different because
we are different.*



Dr. Mallory Hertz
Physical Therapist

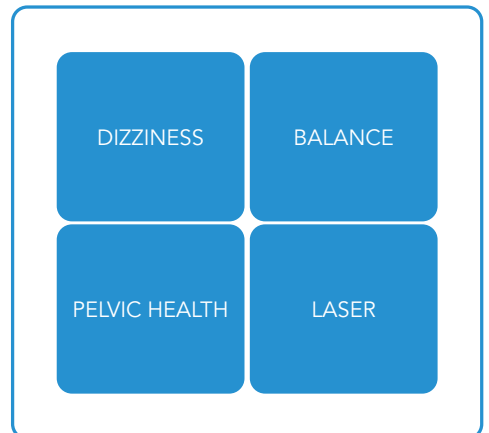
"What we do is so unique. I'm the only physical therapist in the Siouxland area that is certified to do internal pelvic work. We're the only physical therapy clinic specializing in dizziness and imbalance like we do, so that also makes us pretty unique to Siouxland!"

*Bladder leaking?
Pain with intercourse?*

- Incontinence
- Pelvis Pain
- Prolapse
- Diastasis Recti
- Pelvic Floor Weakness
- Abdominal Pain
- Pregnancy/Post-Partum Pain
- Pain with Intercourse
- Endometriosis

*Got dizziness?
Imbalance? Fear of falls?*

- Vertigo
- Dizziness
- Imbalance
- Fall Risk
- Meniere's Disease
- Vestibular Migraines
- Concussions
- Orthopedic Injuries
- TMJ



Dr. Sarah Sitzmann-Ruehle
Physical Therapist



Krissi Milton
Physical Therapist Assistant



Hannah Moos
Physical Therapist Assistant